



college freshmen year

COLLEGE DROP OFF DAY CHECK LIST

- __1. Complete legal documents with your child and a notary (power of attorney and release for information, as well as anything else college requires)
- __2. Be sure your child has a health insurance card and is aware of plan if gets sick -- college health center, nearby doctor, or urgent care (NOT free standing ER due to over charges), as well as closest hospital if emergency.
- __3. Pack ALL the things in the large plastic bins. *IF YOUR CHILD IS GOING FAR AWAY FOR COLLEGE, consider online shopping with pick-up in college town.*
- __4. Prep a move-in day tool box or bag (command hooks, scissors, tape, sticky tack, tacks, hammer and nails if allowed, allen wrench, screwdriver, extra extension cords, etc. -- whatever might be needed!)
- __5. Pack snacks and water bottles for move-in, and possibly card games for other children who may need to be occupied as you help move-in.
- __6. Gas up cars and load the night before.
- __7. Don't forget your letter for your child and care package to leave, if you planned for this.
- __8. Give your child cash and be clear on budget and spending needs and habits before move-in day.
- __9. Have a great family meal together the night before move-in and keep the mood light. Then, get good sleep.
- __10. Remember your move-in plan, stick to it as you can or be flexible as required. Be prepared for Walmart run in college town AND big crowds there.
- __11. Take deep breaths, cheer your child on, and keep the goodbye quick.
- __12. Have tissues ready and possibly an upbeat playlist for drive home.